Drawstring Apron
ADA-Accessible Sewing Instructions

This guide uses clear headings, numbered steps, plain language, and accessible formatting.

Supplies Needed

- 1 yard fabric (45 inches wide)
- 1 spool matching thread
- Trimming (optional)
- Scissors
- Pins
- Iron and ironing board
- Sewing machine
- Hem gauge or ruler
- Safety pins
- Pencil with eraser

How Much Fabric?

- Measure from the natural waistline to 3 inches below the desired apron length.
- Add 14 inches to that measurement.
- Allow 8 inches for drawstrings and pocket.
- Allow 6 inches for the hem.

Step 1: Cut the Fabric

- Cut an 8-inch strip for the drawstrings.
- Cut a 6-inch section from one end for the pocket (6 x 8 inches).
- Divide the remaining 8-inch strip into two 4-inch strips for drawstrings.
- Apron length equals desired finished length plus 6 inches for hem.

Step 2: Make the Hems

- Turn each side edge under 1/4 inch and press.
- Turn again to make a 1-inch hem and press.
- Stitch close to the folded edge.
- Top hem: press 1/4 inch and then make a 2 1/2-inch hem.
- Bottom hem: press 1/4 inch and then make a 3-inch hem.
- Pin and stitch hems in place.

Step 3: Create the Waist Casing

- Stitch 5/8 inch below the top edge of the apron to form a casing for the drawstring.

Step 4: Make the Drawstring

- Place the two 4-inch strips right sides together and stitch one end using a 1/2-inch seam.
- Press the seam open.
- Fold lengthwise with right sides together and pin.
- Sew a 1/2-inch seam along the long edge, leaving a 4-inch opening near the center.
- Backstitch at both ends.

Step 5: Finish the Drawstring

- Trim 1/4 inch from corners.
- Turn right side out using the eraser end of a pencil.
- Push corners out carefully.
- Press flat.
- Stitch the opening closed near the edge.

Step 6: Make and Attach the Pocket

- Turn the top pocket edge under 1/4 inch.
- Fold top edge down 1 inch and stitch each end with a 1/2-inch seam.
- Turn right side out.
- Turn side and bottom edges under 5/8 inch.
- Miter the bottom corners.
- Pin pocket in desired location on apron and stitch 1/8 inch from pocket edge.

Step 7: Finishing Touches

- Use a safety pin to thread the drawstring through the casing from one side to the other.
- Adjust gathers evenly.
- Check stitching and trim loose threads.