Lafourche Parish 4-H
SASSY SKIRT
Illustrated Sewing Guide

ADA-Compliant • Large Print • Step-by-Step Instructions

Project Overview

Create a simple elastic-waist skirt while learning measuring, sewing, pressing, and finishing skills.

Youth Size Chart

Size	Waist	Elastic	Suggested Length
XS	20-22	21-23	14-16
S	22-24	23-25	16-18
M	24-26	25-27	18-20
L	26-28	27-29	20-22

Fabric Calculator

Finished skirt length + 6 inches for hem and waistband = cut length for one panel. Multiply by 2 for front and back panels.

Supplies Checklist

☐ Fabric

☐ 1-inch elastic

☐ Matching thread

☐ Pins

☐ Scissors

☐ Tape measure

☐ Iron

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Fabric Calculator

Finished skirt length + 6 inches for hem and waistband = cut length for one panel. Multiply by 2 for front and back panels.

Step 1: Measure and Cut

Measure desired length. Add 6 inches. Cut two equal rectangles.



Alt Text: Illustration demonstrating step 1: measure and cut.

✓ Completed

Step 2: Sew Side Seams

Place right sides together and stitch both side seams.



Alt Text: Illustration demonstrating step 2: sew side seams.

✓ Completed

Step 3: Create Waistband

Make casing, insert elastic, join ends, and close opening.



Alt Text: Illustration demonstrating step 3: create waistband.

✓ Completed

Step 4: Hem the Skirt

Mark, press, and stitch hem. Give final press.



Alt Text: Illustration demonstrating step 4: hem the skirt.

✓ Completed

4-H Sewing Vocabulary

Hem: Finished lower edge of fabric

Casing: Fabric tunnel that holds elastic

Selvage: Finished factory edge of fabric

Press: Lift and lower the iron rather than sliding

Project Completion Checklist

☐ Measured length

☐ Cut fabric

☐ Sewed seams

☐ Inserted elastic

☐ Hemmed skirt

☐ Pressed garment

☐ Photographed for Record Book